Contents

ABBK	EVIATIONS	AIA
PAR	T I. WHAT LIES BEHIND THE CODE	5 €
. 1	An allegory	3
2	Priests and Princes	12
3	Princes and subjects	18
4	Subjects and states	26
5	Modern human rights law	39
PAR	T II. HOW THE CODE WAS MADE, AND	
H	OW IT WORKS	
6	Making international law	47
7	Components of the code	59
8	Operation of the code	73
9	National remedies	85
10	International remedies	92
A R	T III. WHAT THE CODE SAYS	
11	Freedom of the body	107
.12	Food, shelter, health, and the family	118
113	Work, income, and property	123
114	Just laws and procedures	133
115	Freedom of the mind	138
116	Doing things together	148
1.7	Democracy and public affairs	154
1:8	The rights of 'peoples'	161
₽ P°E	NDIX: THE GOVERNING TEXTS	169
U'N Charter		170
Universal Declaration of Human Rights		172
International Covenant on Civil and Political Rights		178

xviii Contents

International Covenant on Economic, Social and Cultural Rights	188
European Convention on Human Rights and Protocols 1 and 4	195
European Social Charter	203
American Declaration of the Rights and Duties of Man	214
American Convention on Human Rights	220
African Charter on Human and Peoples' Rights	231
	220
TABLE OF INSTRUMENTS	238
TABLE OF STATES BOUND BY THE GENERAL TREATIES	241
TABLE OF CASES CITED	245
FURTHER READING	247
INDEX OF NAMES	249
SUBJECT INDEX	250
	/ 11/